

Go on...

...make a
change today!

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Ten simple steps



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Everyone can do their bit to tackle climate change. If everyone makes small changes to their lifestyle, we can make a big difference to the amount of greenhouse gases in the atmosphere.

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Here are ten simple steps that everyone can take.

1. Only boil as much water as you need. But remember to cover the element if you are using an electric kettle.
2. Turn your thermostat down by 1c. This could cut your heating bills by up to 10%.
3. Don't leave appliances on standby.
4. Install cavity wall insulation. A third of the heat lost in an uninsulated home is through the walls. Cavity wall insulation is easy to fit and could save between £130 and £160 a year.
5. Top up your loft insulation to 270mm. It is so easy to install you can do it yourself. Its not expensive and could save as much as £180 to £220 a year.

6. Install three energy saving light bulbs they last up to 12 times longer than ordinary bulbs and could save up to £100 over the lifetime of the bulb.
7. Install a condensing boiler. An old boiler is usual a wasteful one. Replacing it with a condensing boiler could save a third on your heating bills.
8. Buy appliances with the Energy Saving Recommended logo.
9. Wash your laundry at 30c. This could save up to 40% of the energy of washing at higher temperatures.
10. Don't use the car for short journeys. Go for a walk instead!